

September, 2020

Volume 37, Issue 1

SCA Board of
Directors

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September Meeting

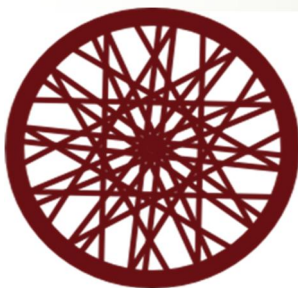
**September 15, 2020
7:30 via ZOOM**

Instructions to Follow

**Topic:
An Evening With
Captain
Gregory R. Fried**

**Commander,
Franconia District Police
Station**

Springfield Reporter



Springfield Civic Association

President's Message—Gail Nittle



Greetings!

We made it through a HOT summer and here we are embracing autumn! I, for one, am grateful for the rain we've had this past month! It may be the first summer my lawn hasn't turned brown! By the way, for you gardeners, there are lots of things to be done in the next few months to prepare for next year's garden. Local master gardeners continue their summer-long series of free online plant clinics on Tuesday and Thursday evenings. Listen to a brief presentation on the day's lawn or garden topic and stick around to ask your questions. Advance registration is required, at fairfaxgardening.org (a great gardening resource as well!).

September's membership meeting will be held at 7:30 pm via Zoom on Tuesday, September 15th. The slate for the SCA Board will be voted on, followed by a short update from Trails for Youth and reports/updates from various Board members.

The speaker for the September meeting will be Captain Greg Fried, Commander, Franconia District Station. Captain Fried is a big proponent of communication with the community and transparency. We look forward to an informative presentation followed by a time for questions and answers. If you have a question for Captain Fried, please send it before the meeting to springfieldcivic@yahoo.org



In May, we said farewell and thanks to Principal Jay Nocco for the tremendous work he has done at Lynbrook School! The SCA welcomes Principal Kathleen Sain who is taking over at Lynbrook's helm!

National Night Out is still scheduled for Tuesday, October 6th. If you're interested in hosting an event, please contact Community Liaison Officer Eric Nelson (see flyer) and let the SCA know as well so we can provide you with updates. springfieldcivic@yahoo.com The Annual Bridge Walk has been cancelled for this year.

Halloween will be here in no time and the annual Halloween House Decorating Contest will be held again this year! Check out the information in the following pages.

Please vote in the national election to be held on November 3rd! There are a variety of ways to cast your vote – in person at the polls (outside help for the handicapped in their car is available), early voting in person and absentee vote by mail. See more information within.

If you follow the SCA on its Facebook page, you may have noticed that the SCA is working on restoring the Crestwood's Springfield sign in time for Crestwood's 70th birthday in April 2021! Details for how you can help will be forthcoming. Meanwhile, thanks to Kurt Doehnert, Arthur Gabel, Mark Di Phillipio, and Diane Boughton for their continuing work on making the stretch along Old Keene Mill from Hanover to Commerce Street attractive and safe.

We are here for you! Board members meet with Supervisor Lusk quarterly, with the Land Use Committee regularly and with the police as needed. If you need help, contact the SCA at springfieldcivic@yahoo.com or PO Box 842 Springfield, VA 22150.

(Continued on pg. 2)

President's Message (cont'd)

For additional county resources, visit Chairman Jeff McKay's website at <https://www.fairfaxcounty.gov/chairman/> or Lee District Supervisor Rodney Lusk's website at <https://www.fairfaxcounty.gov/lee/>

Please remember to support our local businesses, some of which are struggling to survive. If you frequent any of our advertisers, please tell them that you heard about them through the SCA. We appreciate their partnering with us! It's through their generosity and your membership dues that the SCA was able to provide grants to Crestwood Elementary School PTA (yearbooks), ECHO (supplying necessities to those hard hit) and to Trails for Youth (recreational activities for youth).

The SCA's emblem is a compass with the words, "Where We All Come Together". The past six months have been and continue to be a challenging time, but the Crestwood/Lynbrook community is our home and the SCA, with your help, is working to meet these challenges and make our community the best it can be!

~ Gail

ECHO News



ECHO is looking for assistance in updating the theme of its Wordpress website, (www.echo-inc.org) and making it more mobile friendly. If you are familiar with Wordpress and would enjoy the work of helping our all-volunteer, charitable organization freshen its look while maintaining current content, please contact dirforsupport@echo-inc.org.

While Back-to-School looks very different for most students this year, students still need supplies and children are still outgrowing their clothing. ECHO is distributing school supplies and children's clothing to families who are experiencing hardship this fall. ECHO needs donations of clean, gently used **fall and winter children's clothing**. We **urgently** need children's and teen's shoes, up to men's shoe sizes 7 -10 for teen boys. Please hold donations of housewares, adult clothing and children's summer clothing until all our volunteers can return to our building. Right now, dealing with donations that we cannot currently distribute creates a large burden for our dedicated volunteer staff. Our greatest needs for school supplies include spiral notebooks (college rule), pocket folders, red ink pens, and primary writing pads. Visit ECHO's website, www.echo-inc.org, and click on "Donate Goods" to find lists of the most-needed supplies.

The need for food assistance in our community is unrelenting. ECHO can use donations of nearly every type of non-perishable food and personal hygiene item. Things that are most needed right now are: rice (boxed is best for us to handle), 2# bags of sugar and flour, dry pasta, dried beans, canned vegetables, laundry detergent, and shaving razors. A longer list is on ECHO's website and is updated regularly. Donors do not have to leave their cars. At the Donation Door, volunteers with masks will unload donations. ECHO, 7205 Old Keene Mill Road, is open weekdays 9:30 am to 12:30 pm, and Tuesday and Thursday evenings 7:00 to 9:00. ECHO continues to be closed on Wednesday evenings.

Fairfax County will hold two Saturday **Stuff the Bus events** to collect non-perishable food for local non-profits. On **September 12**, and **September 26**, from 10:00 am to 3:00 pm, Fastran buses will be parked at locations around the county as collection sites where social distancing can be observed. Donations designated for ECHO will be at the Braddock District Supervisor's Office, 9002 Burke Lake Road, Burke, and at The Oaks Community Center, 5708 Oak Leather Drive, Burke. Your donation helps!

Burke Presbyterian Church, 5690 Oak Leather Drive, Burke, will hold a **"Pop 'n Go" Food Drive** for ECHO on Sunday afternoon, **September 20**, from 1:00 to 3:00. Donors can drive to the "In" driveway of the church, pop open their trunks for volunteers to retrieve their donations, and easily drive back to Oak Leather via the exit driveway. Even if you have only one or two items to donate, or only a short time in your schedule, Burke Presbyterian will happily and safely take your food donation and deliver it to ECHO.

Information on making financial donations toward ECHO's mission can be found at <https://www.echo-inc.org/sample-page-2/donating-money>.

September 12 - Stuff the Bus Day 10:00 am- 3:00 pm, various sites

September 20 - Pop 'n Go Food Drive for ECHO, Burke Presbyterian 1:00 - 3:00 pm

September 26 - Stuff the Bus Day 10:00 am to 3:00 pm, various sites

Voting Options

Three Ways to Vote, Including Early Voting Starting Sept. 18.

ABSENTEE VOTE BY MAIL— Due to a new state law, you can absentee vote without needing a reason or excuse — but **you still have to apply** to absentee vote by mail.

If you plan to vote by mail, you should apply now due to the anticipated large number of applications. Fairfax County election officials strongly recommend you apply well before the Friday, Oct. 23 deadline since mail delivery could be slower, according to the U.S. Postal Service.

The fastest and most secure way to apply is online on the Virginia Department of Elections website. You'll also be able to track the status of your application, as well as when your ballot is mailed to you. Your Virginia driver's license number is needed to apply online, along with the last four digits of your Social Security number.

Voters should be aware that they won't begin to receive their ballots until after Friday, Sept. 18.

VOTE EARLY— Early voting begins on Friday, Sept. 18, and any registered voter may cast their ballot in person.

Early voting will be available at the Fairfax County Government Center in Conference Rooms 2/3 starting on Friday, Sept. 18. Hours will be Monday to Friday from 8 a.m. to 4:30 p.m. Fourteen satellite early voting locations will be open from Oct. 14 -31 from 8:00 a.m. to 5 p.m. Saturday hours from 9 a.m. to 5 p.m. will be offered beginning Saturday, Oct. 17.

Currently, the voting hours at these locations will be from 1 to 7 p.m., Mondays to Fridays, and 9 a.m. to 5 p.m. on Saturdays. The last day to vote early is Saturday, Oct. 31, at 5 p.m.

VOTE IN PERSON ON ELECTION DAY— Every polling place in Fairfax County will be open as usual on Election Day, Tuesday, Nov. 3.

The polls will be open from 6 a.m. to 7 p.m. You should double check your polling place online on the state's website.

DROP-OFF BOXES— It is likely that a new state law will allow the use of ballot drop-off boxes for the first time in the Nov. 3 election. Assuming the law's passage, the state must then adopt regulations on their use, which could take up to 30 days. However, Fairfax County is making plans to offer drop-off boxes, and voters will be provided with more information once the state's regulations are promulgated. In the meantime, voters can bring their cast absentee ballots to the Fairfax County Office of Elections if they choose not to mail them back.

MORE INFORMATION/QUESTIONS— For questions or more information about voting and deadlines, contact the Fairfax County Office of Elections at 703-222-0776, TTY 711, or visit www.fairfaxcounty.gov/elections.



The History of Springfield, Virginia

Springfield historian Robyn Carter has graciously agreed to write several articles about the history of Springfield in honor of Springfield's anniversary year, 2021. Robyn is the authority on all things Springfield! Thanks Robyn for sharing your expertise with us!

Springfield and How It Came To Be

As of December 2021, two important anniversaries for the Springfield community will be upon us. First will be the 75th anniversary of when Washington area builder/developer Edward R. Carr purchased the large tract on which he envisioned creating a "satellite city" to solve the problem of a tremendous housing shortage in the DC area during the early post-World War 2 years. Additionally, it will also commemorate the 70th anniversary of when ground was broken by The Crestwood Construction Corporation for the initial 13 model homes from which modern Springfield began to take shape.

It has long been said that the Springvale subdivision was the "first" when Vernon Lynch and Sons began to sell residential building lots there in 1947. However, there was a large difference between that and the fully developed subdivisions that came from the huge pre-planned areas that Mr. Carr developed and Crestwood had the honor of building in that first phase of turning rural land into a thriving part of the Fairfax County landscape.

The lots that Mr. Lynch and his family were selling were rural plots of land on which the buyers were responsible for building their own homes without the benefits of what we, today understand as being part of a developed subdivision. There was no public water or sewerage to those lots as well as no paved streets, curbs or gutters. For context, think of Springvale in those years as what one would think of today as buying a lot way out in the country that has been subdivided from a large tract but the only "improvements" were a dirt/gravel road and access to electricity.

Perhaps hard to envision today but as of the late 1940s and early 1950s Springfield was indeed very rural and for the most part cut off from the long developed parts of closer in (to DC) areas of Arlington and Alexandria. In fact, as of 1946 the area included little more than a small railroad depot on the north side of the tracks just east of where the Backlick Road overpass is today and a collection of widely separated houses over the sprawling countryside.

One reason that Mr. Carr made the investment in the remote Springfield area was, as mentioned previously, the critical need for housing in the area following the economic impact of The Great Depression of the 1930s and the rationing and lack of human-power to build needed homes during World War 2. Springfield was the last available large land mass within a 12 mile radius of DC and it was soon to become more accessible thanks to the new Shirley Highway (now 395/95) that was under construction to link Washington to Woodbridge with a limited access, 4 lane, divided high speed roadway that was planned to go right past part of the Springfield tract. Land records show that Carr and a small group of investors purchased the initial 2,300 acres of land from H&H Development Corp on December 30, 1946.

Over the course of the next five years Carr, Inc and its associates began the pre-planning work in the hopes of not only getting water, sewer and gas lines extended to the property, but also they set about deciding where the residential, shopping, roads and other infrastructure would be placed to avoid some of the problems that had arisen in older, less organized developments in the past. Although, thanks to later growth and change, many of the pre-planning benefits are no longer evident as they once had been, Springfield deserves the honor of being one of the largest pre-planned communities of its type east of Chicago up to that time. Reston often gets the glory for being the first fully pre-planned local community and indeed it deserves recognition for having been able to maintain more of its structure, but Springfield really deserves the honor for being first in Fairfax County.

Upon the success of getting the basic utilities run to Springfield, Mr. Carr determined that the building of the houses would require more than his firm was ready to handle alone, so on April 15th, 1951, his firm sold 593 acres to The Crestwood Construction Corporation to kick off what was to become one of the most important residential communities in Fairfax County history.....Crestwood's Springfield.

In our next issue, look for more information on that landmark development as well as some of the other early subdivisions as Springfield was being transformed into the thriving historic community you live in today.



Edward R. Carr, "The Father of Modern Springfield". December 1958

Halloween House Decorating Contest

The Halloween House Decorating Contest will be back again this year. This year, we hope to have the judging on Friday, October 30th, and all social distancing and safety protocols will be followed. The judges are currently working through the mechanics of the contest to ensure everyone's safety. We will be sending out the flyer for this year's contest in the near future with all the contest details. If you are interested in providing any questions, comments, or concerns please feel free to reach out to Mike Slater at sltr94@aol.com.

Additionally, in light of COVID-19, members of our community are also working to develop some alternative options for Halloween trick-or-treaters to ensure that everyone's safety is taken into account. Please stay tuned for more information.

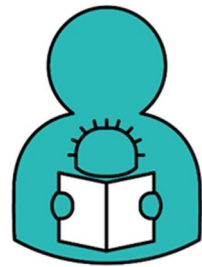


GrandInvolve

Volunteers Needed for Tutoring Fairfax County's Most Vulnerable Students

GrandInvolve has partnered with Fairfax County Public Schools (FCPS) since 2014 to place our active older adult volunteers in Title 1 classrooms as tutors. The decision from FCPS to provide distance learning has significantly increased the need for virtual tutors.

If you are interested in exploring our virtual volunteer opportunities, or if you would be willing to use your knowledge and experience in a leadership capacity, write to us at info@grandinvolve.org, visit our website at www.grandinvolve.org or Follow us on Facebook!



GrandInvolve

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From Cpt. Greg Fried, Commander, Franconia District Police Station



FRANCONIA DISTRICT POLICE STATION YOUTH ENGAGEMENT COUNCILS

Youth and Young Adult Engagement Councils

The Fairfax County Police Department Franconia District Police Station is launching a program for a Youth Engagement Council. The Council will have two sections: Youth (high school students within the Franconia Police District) and Young Adult (18 to 25).

Our engagement Council's purpose is to create opportunities for further dialogue with youth and young adults in our community with the commanders and officers of the Franconia District Station.

We seek to provide a forum for listening, discussion, education, activities, and identify issues and collaborate on solutions on matters impacting the youth and young adults in Fairfax County.

Please join us!

For more information, or to register, please visit the following link:

<https://form.jotform.com/201836319751154>



Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services, and activities. Reasonable accommodations will be provided upon request. For information call 703-324-4600, TTY 711.

**Join the
Conversation!**

**Relationship
Building and
Information Sharing!**

**Awareness and
Activities!**

**Strengthen Our
Community!**

**Let Your Voice be
Heard!**

FAIRFAX COUNTY POLICE
Franconia District Station

6121 Franconia Road
Alexandria, Virginia 22310
703-922-0889

<https://www.fairfaxcounty.gov/police/district/franconia>

American Legion Post 176 Events

September Events

Taco Nights—Every Wednesday Night in September

4:00pm—6:00pm

Tacos and All The Fillings

Hard and Soft Tacos—\$2.00 each

Soda—\$1.50

Other Beverages Available



Pig Roast—September 19, 2020

\$20.00 Per Person

Live Music

Masks Required



Warrior Café— Breakfast and Lunch

Mon.-Sat. 7:00am-2:00pm

Sunday-8:00am-2:00pm

Friday Night Dinner

5:00pm-7:00pm



Functional Needs Registry

The Functional Needs Registry is a tool for Fairfax County in pre-event emergency planning, resource management and **communicating with families and individuals who have identified a disability or access and functional need**. The Functional Needs Registry has 12 functional need categories to select, as well as a “care provider” category for those who care for someone with a disability or access and functional need. **Functional need categories include:** Care provider, Dialysis, Hearing Impairment, Language Interpreter Needed, Life Sustaining Equipment Required, Mental/Cognitive Condition, Mobility Impairment, Refrigerated Medication, Service Animal, Speech Impairment, Supplemental Oxygen Required, Vision Impairment.

The registry is part of the Office of Emergency Management’s efforts to assist residents in preparing and planning for emergencies. For example, prior to or during a crisis emergency, Fairfax County staff uses this notification system to inform of potential dangers or emergencies that could affect those in our community and to provide timely updates to residents.

There is no guarantee that services will be provided, nor does registration guarantee that services will be received on a preferential basis. Residents should continue to follow emergency protocol by calling 9-1-1 in the event of a life-threatening emergency even though they have subscribed to this registry.

You can sign up for the Functional Needs Registry at www.fairfaxcounty.gov/alerts. If you have any questions or need more information, call the Office of Emergency Management at 571-350-1000, TTY 711.

CAC/Citizen Advisory Committee

Recently a couple in our community (who would like to remain anonymous) donated Chick-Fil-A gift cards through the CAC for the officers at the Franconia District Station. We were able to arrange for grab-n-go boxed meals for the evening and midnight squads on Tuesday and Wednesday of this week. Each box contained a warm chicken sandwich, a bag of waffle chips, and a chocolate chip cookie for dessert!



The officers were very appreciative of this kind gesture, and really felt the support from the community...especially during these trying times!

The CAC delivered 6 dozen cookies for the A and B Squads to let the officers know that we support them! Each cookie was individually wrapped for safety and it made it easy for the officers to grab-n-go.



The CAC also placed these kindness rocks in the mulch around the two small trees at the entrance to the station, so the officers will see them as they come and go. Just another way to show them that we support them!



Eviction Moratorium

The CDC this week issued a universal eviction moratorium that applies to nonpayment of rent.

It takes effect on September 4 and lasts through December 31.

It applies to all tenants who present a signed declaration to their landlords.

The declaration requires the tenant state that:

Their income is less than \$99,000, they did not have to pay income tax in 2019, or they received a stimulus check.

They are unable to pay rent due to income loss or extraordinary out-of-pocket medical expenses.

They would become homeless or need to double-up if evicted.

They will still make partial payments ("using best efforts to make timely partial payments that are as close to the full payment as the individual's circumstances may permit, taking into account other non-discretionary expenses").

This moratorium is a floor, it applies wherever there is not a more protective state moratorium in effect.

There are criminal penalties for violations

Governor Northam's eviction moratorium in Virginia ends September 7 and evictions are currently being reviewed by the General Assembly.

In Fairfax County, the Eviction Prevention Task Force is working proactively to communicate the resources available for tenants with those in the eviction process. We are also working with local landlords to launch a housing stability pledge for residents who demonstrate a significant financial impact from the COVID-19 pandemic.

Housing Resources

For assistance with rent (or utilities and food), please call Fairfax County Coordinated Services Planning at 703-222-0880.

The line is multilingual and Fairfax County doesn't ask for immigration status.

Search [this](#) database to see if your residence is covered by moratoriums.

[Stay Home Virginia](#), provides resources for renters, homeowners, landlords, and the homeless.

For [FCRHA](#) residents: If you are experiencing difficulties in meeting monthly rent payment, you should contact your assigned housing specialist.

[Virginia Poverty Law Center](#): Call the Eviction Helpline, 833-NOEVICT (833-663-8428) in English and Spanish.

[Legal Services of Northern Virginia](#): Call 703-778-6800 from 9:30am-12:30pm and from 1:30-3:30pm, Monday-Thursday.

Your rights as a tenant during the outbreak can be found [here](#).

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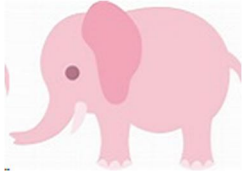
Charity Night!
on the last Monday of every month, 10% of the day's sales go to the chosen charity.

Woman's Club of Springfield

The COVID-19 pandemic has presented new challenges for all our local service organizations, and the Woman's Club of Springfield is no exception.

Our club meetings, as well as District and State meetings were all cancelled or held by Zoom. In March, we had to temporarily close our Pink Elephant Shop (PE) for the safety of our members. Donations to the community and other organizations then had to be curtailed due to lack of funds. We were happy to be able to give a generous donation to ECHO. We are happy to say that we are looking forward to brighter days. The Pink Elephant Shop re-opened on August 18th.

The Pink Elephant has adapted to the COVID-19 reality. Because many of our members don't feel safe volunteering at this time because of age and health issues, we are only able to be open three days a week — Tuesday, Wednesday and Saturday. Pink Elephant hours are as follows: consignments only from 9:30 a.m. to 10:45 a.m., and customers from 11 a.m. to 3:00 p.m.



Social distancing issues have resulted in changes to consignment and customer policies. These changes are posted at the Shop, but if you have any questions, please call the Shop on Tuesday, Wednesday or Saturday at (703) 451-2567 for pertinent information. We regret that we cannot accept new consignors or donations until further notice.

The Pink Elephant is following protocols for COVID-19 safety. We have spacing lines on the floor and a plexiglass shield at the counter. Hand sanitizer is available as you enter the store, and we ask that you use it. Masks are a MUST.

We are pleased that many of our customers and consignors have returned, and we are happy to have them back in the Pink Elephant Shop.

We are also very grateful to the Springfield Civic Association for its support and assistance in announcing our re-opening on Facebook and through Nextdoor Springfield — thank you, Sandy Frieswyk!



Commuter Garage

FCDOT is in the bidding process for the construction contractor now, and plans to start the construction in November. The parking lot needs to be closed in October. There will be a virtual public information meeting in September (date TBD) to introduce the relocation plan to the slugging community. There will be outreach as well to help the slugging community during the transition period.

Contact SCA

Do you have a question for the SCA? Contact us via email at springfieldcivic@yahoo.com.

Check out our website at springfieldcivic.org.

We're on Facebook ! Check us out at

Springfield Civic Association



	<p>SPRINGFIELD PLAZA LAUNDRY MAT AND CLEANERS</p>	
<p>Attendants On Duty Wash & Fold Service Large Capacity Washers & Dryers Up to 100 lbs Seamstress On Site Embroidery Monograms Shoe Repair Hablamos Español</p>	<p>7277 Commerce St. Springfield, VA 703-451-2727</p> <p>OPEN DAILY 6:00am - 10:00pm</p> <p>springfieldplazaundry.com</p>	<p>\$3.00 OFF ALTERATIONS (Min. \$10.00)</p> <p><small>Not valid with any other offer. Must present coupon.</small></p>

Friends of Richard Byrd Library

Still No Book Donations

No book donations can be received until further notice and no volunteers will be needed until we are up and running again. We promise to keep you updated. Please continue to stay safe and stay well.

A limited selection of used books is available for purchase in the library foyer. The Friends have donated used children's books to the food bank and a local Eagle Scout project.

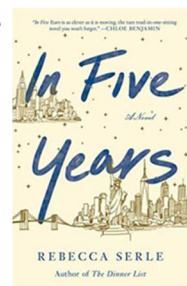
The Richard Byrd Library is open for express and curbside service (Mon – Tue, 10am – 8pm, Wed – Sat, 10am – 6pm). The Friends also purchased more than 30 children's books in memory of our dedicated Friends' volunteer Dixie Wright (May 1949 – Aug 2019).

Though we are out and about a bit more, the Friends continue reading to pass the time!

Book Review: *In Five Years*

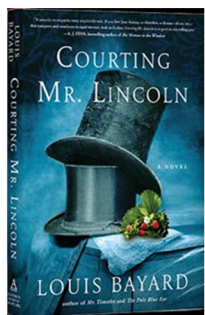
by Dottie Jordan

The premise of *In Five Years* by Rebecca Serle is a young woman getting a fleeting glimpse of what her life will be like in five years. Of course, what she sees in the dream is nothing like her present life, family and friends have changed - some are still in her life and others are not. The main character is involved in an accident and regains consciousness five years later and some of what she envisioned has come to fruition. I like reading books that grab your attention and will not let you do anything but read, cooking and cleaning fade into the far recesses of your life. This book did not deliver me from tasks that needed to be done, but I didn't mind ending the day by reading a chapter or two. The book does reinforce the realization that we have no idea what our lives will be like in the future. I did enjoy it. Ms. Serle has also written *The Dinner List* and a number of young adult novels.



Book Review: *Courting Mr. Lincoln*

by Claudia Moore

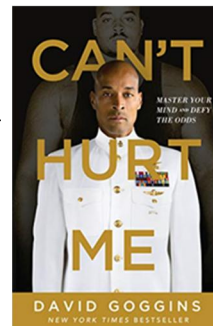


Experienced historian novelist Louis Bayard combines kernels of history with writing expertise to present an unusual look at the life of Abraham Lincoln. Alternating sections of story highlight the two individuals who sought Mr. Lincoln's attention. Mary Todd would not be a surprise but Bayard also shows his close friendship with Joshua Speed, a shopkeeper turned politician. The two were definitely roommates, but was it a homosexual relationship? The two men shared a bed saving money as was common in the era. It was Joshua who taught the country bumpkin, Abraham, the cultural aspects of life in the big city of Springfield. Those scenes are particularly entertaining. All three are unique individuals and were often a trio. Details of life in the 1840's are shown, presenting it with the appropriate era-correct dialog Bayard provides the story but never gives the answer to that key question even when the two men meet again later after Lincoln is President. A thoughtful, provocative example of historical fiction.

Book Review: *Can't Hurt Me*

by Judy Perry

This is a biography of David Goggins, retired Navy SEAL and the only U.S. Armed Forces member ever to complete SEAL training, U.S. Army Ranger School and Air Force Tactical Air Controller training. He's also an ultra-athlete (and firefighter and motivational speaker). Any one of these accomplishments would be inspiring on its own but all together they are physically amazing. Goggins overcame a number of challenges that would sideline most people but he is driven to achieve and master his body and his mind. Suffering childhood abuse, learning difficulties, stuttering, prejudice, etc. he channeled his rage into vanquishing whatever was in his path. It's an easy read and it was interesting to learn about his life journey. The first half of the book easily held my attention but the second half was somewhat of a slog as he described his numerous and varied challenges with training for/competing in ultra-athletic events (marathons, triathlons, Guinness World Record pull-up record). His accomplishments are amazing but I wanted to hear more about some of his relationships (his mother was a constant figure in his life, he eventually reconciled with his brother but he shared little to nothing about his marriages or children). Check out davidgoggins.com to learn more.

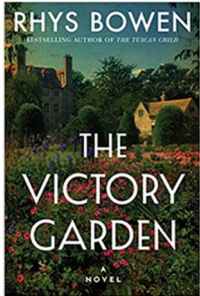


(continued on pg.11)

Friends of Robert Byrd Library Update (Cont'd)

Book Review: *The Victory Garden*

by Claudia Moore



If you watched *Downton Abbey* you can visualize the initial scenes of *The Victory Garden* by Rhys Bowen: rich daughter wants independence and falls in love with Australian who seems of lower class. The time is 1918 in Great Britain, an era when rich and poor do not mix socially. However, Emily, our heroine, seeking independence and wanting to serve her country, enlists in the British Women's Land Army to learn farming and gardening skills to feed the homeland since so few men were there. These skills prove useful to maintain her independence from her pushy haughty parents. With time she bridges the gaps forming friendships with both classes making the plot more interesting historically depicting life. The reader learns what life was like both above and below the stairwell. Two adjectives come to mind to describe Emily. The first is stubborn as she is determined not to go to her parents for help. The second adjective will be a question for readers to answer. Was she unrealistic in her determined quest? The story flows freely with historic details woven easily into place.

There is even a small mystery to solve before the concluding page.

Join Us - Be a Friend

We appreciate our volunteers, and if you aren't already a volunteer - please join us. If you'd like to do more, become a dues paying member of the Friends. A \$10 individual or \$20 family annual membership provides you with reserved seating for Friends events, a 4X a year newsletter, and preview shopping at our sales. Why is it important to volunteer and/or become a member?

Well, did you know?

- Friends pay for all the children's performers at the library.
- Friends pay for the New York Times, Scientific America and 14 other publications.
- Friends provide volunteers for summer reading programs, Reading Buddies, and all or hands on programming.

Friends run Educators' Night - our program to bring books to our school's classroom libraries.

Follow us on Social Media outlets

Friends on Facebook at "[FriendsofRichardByrdLibrary](https://www.facebook.com/FriendsofRichardByrdLibrary)"

Instagram at "[richardbyrdlibraryfriends](https://www.instagram.com/richardbyrdlibraryfriends)"

Twitter at "[ByrdLibFriends](https://twitter.com/ByrdLibFriends)"

Your engagement helps us reach an even broader audience!

September Is The Time to Pay SCA Dues!

The new membership year for the Springfield Civic Association begins in September of each year so dues for the 2020-2021 program year are due NOW. Since SCA meetings are being held virtually for the foreseeable future, dues will have to be paid using our website, www.springfieldcivic.org or by sending a check to SCA, P.O. Box 842, Springfield, VA 22150. The funds raised from dues go directly to help support the SCA and its programs which directly benefit our community. If you've supported the SCA in the past by being a member, thank you! We hope you'll renew your membership now.

Thank you in advance for supporting the Springfield Civic Association in its effort to enhance the quality of life in Springfield. One of the SCA's goals is to bring people together and encourage them to be active in community affairs. We advocate for our community's interests and concerns through local government and other entities. Please partner with us by renewing your membership **NOW** and by getting involved! Thanks!

**WE are A
Community**

Springfield Art Guild (SAG)

THE SPRINGFIELD ART GUILD IS GOING VIRTUAL THIS FALL!!!



Virtual Monthly Meetings: SAG will be bringing our meetings to our members and community via Zoom. SAG's board is lining up great Guest Speakers who will bring their art into your homes until we can meet in person again.

Meetings will still be **the 2nd Wednesday of the month.**

Zoom: If you don't have an account you can sign up for free at <https://zoom.us/>.

If you haven't participated in a Zoom meeting it's really easy on your computers or tablets. Please contact Elaine Sevy, SAG board member at Yorkiemum.sevy95@gmail.com for the Zoom link to our program and guest speaker.

Our Guest Speaker for Sept 9th is Mixed Media Artist Julia Malakoff

Julia Malakoff considers herself a constant creative always in the pursuit of capturing life's moments in one art form or another. She says maybe it was the long, cold, Iowa winters that initially set her upon this artistic path. Bundled up and trapped inside, her bedroom window overlooked gray skies and snow covered fields; She craved the warmth of creativity. As soon as Julia learned to write and rhyme, her journals became filled with poems and art and observations. As she grew, so did her need to explore and expand upon how she shared her observations. The camera has always been a close assistant of hers, offering a means to capture moments in time. And these moments, which become memories, are bits of inspirational material that transition into her stories, whether, printed or painted, written or told.



Most of Julie's art is mixed media collage. Matisse is one of the artists who has influenced her the most. She has always enjoyed studying his paintings, with his playful way of finding shapes and patterns in what might have been an ordinary, common scene. She too enjoys examining the shapes, colors, textures and patterns in my subjects. Julie's palette consists of bright colors, mainly acrylics, hand painted and handmade organic papers along with colored and patterned tissues. Most of her art is inspired by what she sees through her camera lens. Laila, her Labrador and Julia frequently take note of the nature they cross on their many walks. Whether it's flowers along the walkway, trees and their inhabitants, or wild weeds and grasses that offer eye catching colors, shapes and textures.

Julie's own art mostly expresses whimsical moments in time. To her, a whimsical moment, can be simple and yet elegant-sometimes even childlike. It's a glimpse into a subject that she is often interested in studying and recreating with artistic expression. View more of her artwork at <https://paperjewels.net/>

Our Guest Speaker for October 14 is Kathleen Best Gillman

As a native of New England, I grew up surrounded by the stunning beauty of Maine's coast, forested interior and clear mountain lakes. Early recollections of starfish in tide pools along the rocky shore and the immense ribbon of Milky Way stars splashed across the inky night sky still haunt my imagination. Consequently, my on-going love of the outdoors and connection to location finds its way into much of my current work.

"I have been working in acrylic paint for more than a decade; a media I love because of its versatility, speed of use, and fact that it's water-based. More recently, I have re-introduced oils to my repertory - a media I was introduced to in high school and college. However, as a painter who loves to draw, I also find joy using pastel, other dry media and occasionally water color. The vibrancy and transparency of water color sometimes influences how I use other painting media.

There is a marvelous cross-pollination that occurs when working in several media. One day this all may sprout into authentic mixed media work or grow into the realm of complete abstraction, but for the moment I remain planted solidly in the natural world as my subject matter and typically use the various media discretely." View more of her artwork at www.verybestfineart.com.



Visit the new Springfield Art Guild website at www.springfieldartguild.org.

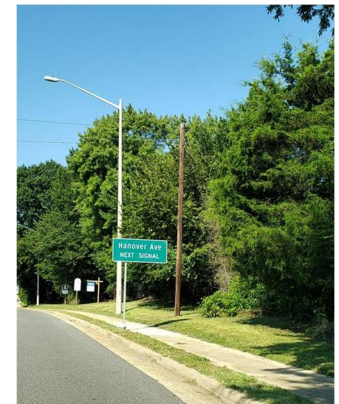
Aren't Our SCA Volunteers Great?

From Commerce St. to Hanover Ave., Old Keene Mill Road Has a New Look

More than two years ago, this is what the sidewalk between Commerce St. and Hanover Ave. looked like. The sidewalk had been repaired with asphalt, and the overgrowth of dirt, weeds and grass had narrowed the sidewalk to 13" in some areas. The grassy knoll was filled with vines and poison ivy. It was not a pleasant introduction to the Springfield residential area. It was also unsafe for people in wheelchairs, scooters, walkers and those pushing baby strollers to navigate.



Diane Boughton, SCA member and long-time community advocate, contacted VDOT in 2018 to see if there something that could be done to improve this area and make it safe for pedestrians. She was persistent in her pursuit of a resolution for this problem. Two years later, after several on site meetings with SCA members and VDOT representatives , the sidewalk was widened and repaired and the overgrowth and poison ivy was treated. What an improvement!!! Thank you, Diane, for your continued support of our community and your persistence in seeing this project to it's successful completion!



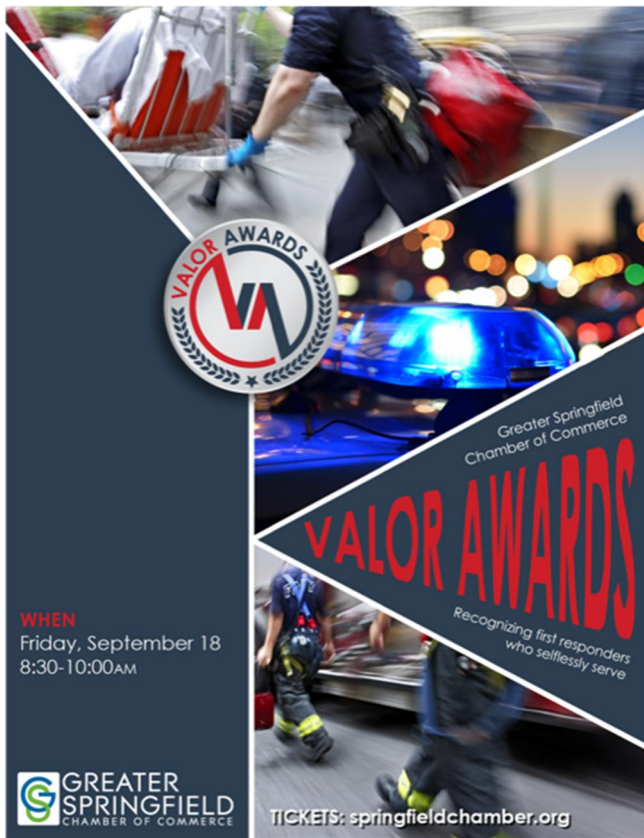
After all the improvements were completed, the SCA wondered how this area could be maintained. It's not something VDOT does on a regular basis. The area needed to be mowed during the warmer months. SCA member Kurt Doehner to the rescue!! Kurt volunteered to mow the grass to keep it looking neat. You can see him out there every few weeks pushing his mower from corner to corner. A big "thank you" to Kurt for all his does for our community!

Another "thank you" goes out to Mark Di Phillipi and Arthur Gabel who help Kurt with the mowing and edging. It takes a team to keep that area of Old Keene Mill Rd. looking great and these two volunteers are making a difference.

We really appreciate our SCA Old Keene Mill Road landscaping crew!



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WHEN
Friday, September 18
8:30-10:00AM

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National Night Out

Because of the Covid-19 pandemic, National Night Out has been postponed until October 6th this year.

If you plan to hold an event, please register with Community Liaison Officer Eric Nelson (see flyer) and let the SCA know as well so you can receive updates.



The flyer for National Night Out 2020 features a patriotic theme with stars and stripes. At the top is the "NATIONAL NIGHT OUT 2020" logo. Below it, the text reads "NATIONAL NIGHT OUT OCTOBER 6th, 2020" and "THE DAY IS DIFFERENT THIS YEAR BUT COMMUNITY IS MORE IMPORTANT THAN EVER". A section titled "Register Your Neighborhood" explains that NNO is an opportunity to gather with neighbors, get better acquainted, and talk about issues of common concern. It states that the Fairfax County Police Department strongly supports NNO as an opportunity to improve police-citizen communications. Contact information for the Community Liaison Officer, Eric Nelson, is provided, including a website link, email, and phone number. The bottom of the flyer includes a disclaimer about nondiscrimination and a small accessibility icon.

NATIONAL NIGHT OUT
OCTOBER 6th, 2020
THE DAY IS DIFFERENT THIS YEAR BUT COMMUNITY IS MORE IMPORTANT THAN EVER

Register Your Neighborhood

Whether a simple ice cream party or an all-out festival, NNO is an opportunity to gather with your neighbors, get better acquainted and talk about issues of common concern.

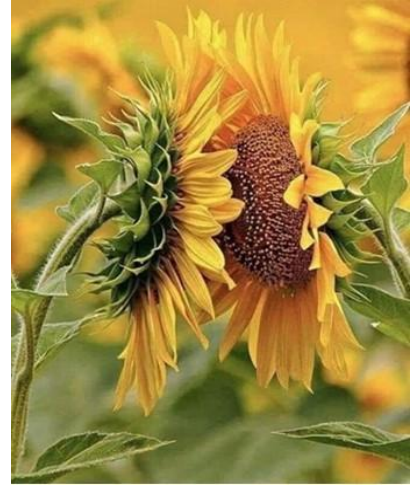
The Fairfax County Police Department strongly supports NNO as an opportunity to improve police - citizen communications.

Schedule your event online at:
<https://form.jotform.com/jrsharburne/nno-2020-registration>

or for more information contact:
Community Liaison Officer
Fairfax County Police Department, Franconia District Station
Email: eric.nelson@fairfaxcounty.gov, Phone: 703-277-2490

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Reasonable accommodations will be provided upon request. For information call 703-324-4600, TTY 711.

Legend of the Sunflower



Sunflowers turn according to the position of the sun. They "chase the light." You might already know this, but there is another fact that you probably do not know!

Have you ever wondered what happens on cloudy and rainy days when the sun is completely covered by clouds? This is an interesting question, isn't it?

Perhaps you think the sunflower withers or turns its head towards the ground. Is this what crossed your mind?

Well, that's incorrect! This is what happens:

They turn towards each other to share their energy!

Nature's perfection is amazing. Now let's apply this reflection to our lives. Many people may become low-spirited, and the most vulnerable ones, sometimes, become depressed. How about following the example of the beautiful sunflowers, i.e. "Supporting and empowering each other". Nature has so much to teach us.

Whether this legend is fact or fiction, let's wish everyone the "sunflower trait" of turning towards each other to share their energy on their cloudy and gloomy days.



The advertisement for Ascenbro Electric Contractors features a logo with a lightning bolt and the company name. The contact information includes the address 5909 Hanover Avenue, Springfield, VA 22150, phone number 703-786-3144, email ponygua13@yahoo.com, and website ascenbroelectriccontractors.com. A tagline at the bottom states "NO JOB IS TOO SMALL FOR US".

Ascenbro Electric Contractors

5909 Hanover Avenue
Springfield, VA 22150

Phone: 703-786-3144
E-mail: ponygua13@yahoo.com
Web: ascenbroelectriccontractors.com

NO JOB IS TOO SMALL FOR US



The advertisement for Eddie Greenan Jewelers Inc. features a close-up image of a diamond ring. The text provides the jeweler's name, title (GIA Graduate Gemologist), address (6310A Springfield Plaza, Springfield Virginia 22150), phone number (703-644-3933), and business hours (Mon, Tues, Thurs, Fri. & Sat. 10-6, Wednesday 10-8). It also lists services: Appraisals, On-Site Goldsmiths, Watch and Clock Repair, and the email address eddiegreenan@aol.com.

Eddie Greenan
GIA GRADUATE GEMOLOGIST

6310A SPRINGFIELD PLAZA
SPRINGFIELD VIRGINIA 22150
703-644-3933

MON, TUES, THURS, FRI. & SAT. 10-6
WEDNESDAY 10-8

Eddie Greenan Jewelers Inc.
APPRAISALS, ON-SITE GOLDSMITHS,
WATCH AND CLOCK REPAIR
EDDIEGREENAN@AOL.COM

Potomac River Run & Walk

Tips from Potomac River Running

Newly Active? Stop by Potomac River Running - Springfield for a Custom Fitting!

Metro Run & Walk in Springfield has officially been rebranded as Potomac River Running! Potomac River Running has 8 other locations in the Northern Virginia/Washington DC area. It is a local, family-owned business that has been in operation since 2003. At Potomac River Running - Springfield, you will get the same great customer service, wide selection of products, and expert running/walking advice as you did at Metro Run & Walk, just with a new name! We are so excited to officially be a part of the Springfield community and we look forward to helping you with all your running and walking needs.

Have you recently started a new fitness routine?

Between working from home and quarantining, many people have become more active since March. Whether this is going on a daily run or taking afternoon walks around the neighborhood, it is important that you have comfortable shoes on your feet. Take a look at your shoes. Do you remember the last time you replaced them? Did you know that the average life of a shoe is between 300 and 500 miles? For an active walker or runner, this typically means that shoes need to be replaced every 6 months. New walkers and runners often find themselves with aches, pains, or injuries. Often, these issues can easily be fixed by getting fitted for a new pair of shoes that is appropriate for your gait.

What We Do

At Potomac River Running, we provide shoe fittings to make sure that all of our customers walk away with a pair of shoes that is perfect for their feet. The process begins with a discussion with one of our expert staff members about what activities you are doing and any injuries you have experienced. From there, we measure your foot (did you know a lot of people wear the wrong size shoe?), look at your arch height, and watch you run or walk. All of these steps help us to understand what shoe is going to help you be comfortable and successful in your activities. Once the gait analysis is complete, our staff will bring out several shoes for you to try on until you find the perfect fit.

Besides Shoes, What Else do I Need?

In addition to new shoes, there are accessory items that can help make your fitness journey even better. Insoles are a great addition to any shoe. They make the shoe even more comfortable and help give you extra arch support. Also, it is very important to have a good pair of walking/running socks. These socks should not be made of cotton as they can easily bunch up and give you blisters. We carry multiple brands of moisture-wicking socks in a variety of styles, sizes, and colors to keep your feet dry and blister-free during your walks and runs. Hydration products like water bottles or packs are also helpful to carry with you, especially on those hot, late-summer days.

Next Steps

We are currently offering both in-store and virtual shoe fittings. We accept all walk-ins, or if you prefer, you can schedule an appointment ahead of time at <http://www.potomacriverrunning.com/shopping-hub>. Our staff is committed to keeping your shopping experience as safe as possible. In store, all employees and customers will be wearing masks.

=PR=

POTOMAC RIVER RUN & WALK

DO YOUR FEET HURT?

THEY DON'T HAVE TO...

Stop by our Springfield location for a free video gait analysis and shoe fitting. We'll help fit you in a shoe that's right for you!

STOP BY TODAY!

7289 Commerce St,
Springfield, VA 22150



If you aren't comfortable shopping in-store at this time, try out our virtual fitting option done over Zoom. We are also offering curbside pickup and our online store is open 24/7 for orders at any time. We are so excited to officially have a Potomac River Running location in Springfield and we look forward to helping the runners and walkers of the community.



Trails for Youth

TrailsforYouth.Org Supports SCA Area Youth at Brookfield Park

This hasn't been the typical summer for any of us and TrailsforYouth.Org is no exception. We have had to modify many of our events and be creative in how we can provide outdoor and biking opportunities for our surrounding families. This past Spring, we provided a short term loaner bicycle program to many of the local TYO youth so they could ride a bike and get outdoor exercise, even if we couldn't be there with them. In addition, our Girls Rolling and Learning STEM (GRLS) in Nature program planned for outdoor classroom implementation was revamped to be a hybrid program – a combination of online virtual classes and then in-person open field (socially distant appropriate) skills sessions and riding. Our GRLS in Nature program uses the bicycle to teach a myriad of STEM concepts and principles that teaches the girls' first-hand how specific scientific ideas apply to everyday activities. During our virtual class time, we interactively explored many scientific principles then implemented those principles during the week or when we were able to gather in the field and ride. For example, we taught the youth about kinetic and potential energy. Then, when we met in person, we used Brookfield Park's open field and bicycle pump track for the girls to understand this concept. We used the Brookfield Park bicycle pump track to show how to generate energy on a bicycle without pedaling and keep it going. We also utilized the open field to explore other learning opportunities, while maintaining social distance and wearing masks. The girls were able to get some exercise, and turn the conceptual ideas of STEM into concrete understanding of how the ideas apply in life. This hybrid program helped to foster a greater understanding and appreciation of STEM ideas and applications, provided much needed fresh air and outdoor exercise, improved their bike skills and they had fun – win-win for all!

In addition to providing the Girls STEM program, TYO has submitted a proposal to the Park Authority to enhance the cycling opportunities at Brookfield Park. During the quarantine, Brookfield Park bicycle pump track was used heavily by local families as an ideal space for outdoor recreation and social distance safety. Unfortunately its current design is limited to only a few youth at a time. TYO, in coordination with the Park Authority, is planning to build a small bicycle skills trail around the perimeter of the bicycle pump track that compliments current access and provides additional cycling opportunities which means less waiting to ride. This trail will consist of professionally built skills stations that will provide another opportunity for local kids to hone their cycling abilities while having fun. TYO believes that this infrastructure provides opportunity for local youth to keep riding and enjoying the park, even when we can't be there. As one father commented to us during the quarantine, ***"This track is perfect; my son wouldn't touch his strider bike at home, now he wants to come here and ride over and over and is learning how to ride. It's great, we love it!"*** This sentiment has been shared by dozens of local families. Please email Julie Childers at Julie@trailsforyouth.org or follow us on Facebook at www.facebook.com/TrailsforYouth.org if you have questions about this or any of our programs.



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Friends of Lake Accotink (FLAP)



Help Lake Accotink VOLUNTEER



SERVICE HOURS



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twitter.com/accotinkfriends
www.flapaccotink.org



WHEN: 2nd Sun of every **Month**

TIME: 9:00am -11:00ish

WHERE: Lake Accotink Marina

Register: https://volunteer.fairfaxcounty.gov/custom/1380/#/organization_details/71653
ACTIVITIES: Pick-up or bring your own trash bags from FLAP Volunteer and hit the trail to fill your trash bags with debris carelessly dumped, dropped
Note: Long sleeves, gloves, boots and long pants are encouraged

Tax Deductible Donations: www.flapaccotink.org or Mail to FLAP P.O. Box 1203 Springfield VA 22151
 e-mail to contact@flapaccotink.org



Original Springfield Resident

Mr. Lennert Steel recently celebrated his 92nd birthday with many neighbors coming by to sing "Happy Birthday" and wish him well. He moved into his home on Highland St. in 1958 and has many special memories of living in Springfield with his wife, Rowena, and his four daughters.



All board positions are open. Help make a difference for about an hour a month. We are accepting candidates for all board positions. There is an immediate opening for the position of Treasurer. Send email to Contact@flapaccotink.org.

You can **donate to FLAP** on-line at www.flapaccotink.org or mail to FLAP P.O. Box 1203 Springfield VA 22151.

CURRENT FUNDRAISING PROJECTS:

1. The Margaret Kinder Educational Pollinator Garden
2. Additional Dog Waste Stations
3. FLAP Shed Upkeep/Projects/Activities/Outreach/Operations



Fairfax Alerts

How do you know when to shelter from a tornado, evacuate from a flood threat, or shelter-in-place during a hazardous materials spill? You must receive the Fairfax Alerts emergency message from public safety officials!

Register at www.fairfaxcounty.gov/alerts

Types of Alerts

- Public Safety, Traffic, Weather
- Police Notifications
- Emergency Preparedness Drills/Exercises
- Emergency Preparedness Newsletters
- Functional Needs Registry for Residents with Access and Functional Needs
- General County News and Information
- Tax Deadline Reminders and Updates
- Business, Real Estate, Car (Personal Property), Dog License Renewals & Tax Relief
- Transportation Information and Alerts

Advertise In the Springfield Reporter

Do you or do you know of someone who wants to advertise in the *Springfield Reporter*? We offer a variety of opportunities in which businesses can simultaneously promote their business while also supporting SCA in its efforts to inform, maintain and improve the community we share. The SCA Media Kit, which includes details and prices, can be found on our website at springfieldcivic.org. Click on Join SCA and scroll down to Business Advertising. Click on Media Kit.

Email us with any questions at springfieldcivic@yahoo.com.

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We are so thankful for such a wonderful experience and highly recommend her to anyone thinking about selling a home.



His team did a wonderful job selling the house that had been our home of 27 years. He and his recommended stager gave spot-on advice about where to concentrate our efforts freshening up the house to maximize its appeal. His skill as a negotiator came to the fore when the **house sold the first weekend for well over the asking price with multiple offers.**

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FAIRFAX COUNTY POLICE DEPARTMENT

LOCK IT...



BEFORE YOU LEAVE IT

The Franconia District Station is asking for your help in reducing criminal activity. There are many things that you can do to help reduce thefts, deter burglary and prevent or reduce auto theft, just to name a few!

- Lock vehicle doors at all times
- Park vehicles in well lit areas
- Do not leave valuables in vehicles
- Do not leave keys in vehicles
- Items that must be left in vehicles should be kept hidden from view
- Lock all of your doors at home
- Keep garage doors closed
- Participate in Neighborhood Watch
- Report any and all suspicious activity



Fairfax County Police Department
Non-Emergency
703-691-2131
Emergency
911



A Fairfax County, Va.

To request this information in an alternate format, call the Franconia Crime Prevention Office at 703-922-0889. TTY 703-204-2264



Springfield
Civic Association
Where we all come together

PO Box 842
Springfield, VA 22150

September Meeting

Sept. 15, 2020

7:30 pm via ZOOM

Instructions to Follow

Topic:

An Evening With

Captain Gregory R. Fried

Commander

Franconia District Police Station

PLEASE JOIN US!



Where we all come together

The Springfield Civic Association is a volunteer organization dedicated to:

- Encouraging residents to be active in community affairs
- Promoting civic responsibility through education and advocacy
- Effectively interacting with local government and community organizations
- Enhancing the quality of life in Springfield.

We are the hub that links residents and organizations, enhances communications, and embraces diversity to create a vibrant Springfield community.

Join SCA

Annual dues of \$15 cover all adults in a household. Membership is open to all residents and non-resident property owners in the boundaries. Mail this form with your check to PO Box 842, Springfield, VA 22150 or bring it with you to the membership meeting, or visit www.springfieldcivic.org to join or renew online.

- ☐ Join SCA ☐ Renew my membership ☐ Add or change contact information
☐ Add me to the email list, I will join later (**email list is FREE**)

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Phone

Email

By providing your email address, you agree to receive the newsletter and monthly updates by email.